



Freedom Plaza



HOURS: 7:00am-3:00pm Monday-Friday

LOCATION: 3rd Floor D & E side

Resident Services Director: Lisa Frank 813-642-1236

EMT: Sheri Womble 813-642-1271

FAX: 813-633-4962

**ALL EMERGENT NEEDS pull emergency cord, push
emergency pendant or call FRONT DESK 813-633-1992**

ADVANCE DIRECTIVES



Please supply Freedom Plaza Wellness Center copies of your Advance Directives. (Power of Attorney, Health Care Surrogate, Living Will and DNR)

If you need information about or assistance with completing Advance Directives, please contact Lisa Frank.

EMERGENCY PROFILE SHEETS



We keep information for medical emergencies, if you have changes in your emergency contacts please let us know.

INNOVATIVE HOME SERVICES

Manager: Arlene Jacobson 813-642-1223

Scheduler: Aundrekia Williams 813-642-1249

Fax: 813-633-1658



These private pay services are not covered under Medicare/Medical Insurance and are out of pocket expenses. However, most Long-Term Care insurance policies provide coverage for these services.

Caregivers can perform the following types of duties:

- Help with shower safety and bathing, dressing, and grooming
- Medication assistance and reminders
 - Accompany to physician appointments and medical procedures
- Housekeeping, make beds, change linen, laundry, meal prep
- Companionship
 - Pet Care
 - Organization and dusting

And many other services available

PERSONAL SERVICE PROVIDER POLICY



As an independent resident of Freedom Plaza, you are free to arrange privately with individuals to provide personal care services in your apartment. Examples of personal care services may include caregiver service, Medicare therapy and nursing, personal care, companion service, transportation services, housekeeping, laundry, or cooking services. This personal service provider is also known in our community as a “PSP”.

Residents have the ability to hire for assistance in their residence. PSPs can be employed by a licensed/certified home health or home care agencies or individually hired personal caregivers. The policy provides the guidelines residents should follow to ensure that providers have adequate licensure, insurance, background checks, etc. Each PSP, whether individual or as an employee of an agency, must adhere to Freedom Plaza’s rules and guidelines, detailed in the policy. Note: PSPs are allowed to accompany Residents in common areas as a guest of the resident.

If you employ someone privately or through an agency, we ask that you contact Lisa to obtain a copy of the Personal Service Provider (PSP) Policy and a registration form for your employee.

CAREGIVER EMERGENCY PLAN



Are you a couple living at Freedom Plaza? Do you have a Caregiver Emergency Plan? We can help you, your spouse, and your family know how to manage care and support during an emergency for spouses who rely on each other for caregiving assistance. Call 813-642-1236 to schedule an appointment.

MEDICATION/ SHARPS DIPOSAL



Hillsborough County Sherriff's office comes to Freedom Plaza to take old and unused medications biannually.

Sharps containers (for used needles such as insulin syringes) are available in The Wellness Center and can be returned when full for a new one.

SELF RELIANCE, INC.



They assist to provide phones for the hearing impaired and are here monthly in The Wellness Center. For more information, please call 1-800-222-3448

MEDICAL EQUIPMENT



To order medical equipment such as walkers, we use Airlife Medical. Most are covered by medicare or private insurance.

863-965-4410 or Fax 863-965-4412

MOTORIZED WHEELCHAIRS OR SCOOTERS



All residents using a motorized wheelchair or scooter should register with The Wellness Center.

OUTPATIENT THERAPY

Physical Therapy, Occupational Therapy, and Speech Therapy can be provided onsite with a physician's order.

Call for more information.

Amy Gunter, Director of Therapy Services 813-642-1227

Ashley Vasquez, Admin. Assistant 813-642-1229



LABORATORY SERVICES

Lab techs from American Health Laboratory Services are available by appointment every Wednesday from 7:00am to 8:00am. Call Sheri Womble, EMT to schedule at 813-642-1271.



Your Physician can fax an order to The Wellness Center at 813-633-4962. If you have the order from your physician, please bring it to The Wellness Center.

If you know that your physician has faxed us an order, call us to make sure we received it and schedule an appointment.

We receive your labs after they are completed. We fax to your physician and send you a paper copy in your mailbox.

Any billing or insurance questions please contact them at 800-785-0666.

PHYSICIANS/HEALTH CARE ON SITE

All appointments must be scheduled in advance by calling the physician or providers office.

Dr. Shahul Riazudeen, Sun City Internal Medicine

813-633-1100

“Dr. Deen” sees patients the second Tuesday of every month.



Dr. Javed Hafeez, Internal Medicine

Dr. Naumaan Hafeez, Internal Medicine

813-634-5502

Dr. Hafeez and Dr. Hafeez rotate the 2nd and 4th Friday of every month.

Dr. Arthur Clode, DPM Podiatry

941-366-4888

Dr. Clode sees patients on the first Tuesday of every month.

Onsite Dermatology

Kimberly Trinh, PA-C

1-877-345-5300

Kimberly sees patients on the first Friday of every month.

Hearing Center of Southwest Florida

Carrie Fortune, Hearing Instrument Specialist

813-634-5678

Carrie sees residents on the second Friday of every month.

A+ Hearing Center

Don Guiley

813-642-8200

Don sees residents on the third Tuesday of every month.

