



RAC HEALTH CARE COMMITTEE MINUTES

May 11, 2023

CLUB ROOM

Chair Janet Warren called the meeting to order at 10:00 a.m.

Members Present: Janet Warren, Ron Sweet, Carl Bohnenkamp, Brigid Guarino, Rebecca Batson, Tom Altshuler, Susan Baker, and Chuck Roth, RAC Liaison to the Health Care Committee. Lisa Frank, Director of Resident Services was in attendance.

Members Absent: Betty Schuppert, Emily Lahti, Sandie Papa and Joan Macholl

Ron Sweet moved and Rebecca Batson seconded to adopt the agenda. The motion was carried unanimously.

The roll call confirmed a quorum with eight members present.

The Minutes were approved via email by eight members.

Reports Projects/Lecture Series:

Ron Sweet reported on Debbie Baker's seminar April 27, 2023. Her dynamic presentation on Estate Planning was very well received by the seventy-five attendees. There has been follow-up with much interest in her video on rec/rep.org and printouts available through Stephanie O'Fallon, Executive Assistant. She has asked Ron Sweet to consider her return in the future for another seminar.

Chair Warren discussed the status of the first meeting of the Cancer Support Group scheduled for May 19, 2023. Sandie Papa, the moderator, has notified Chair Warren that she will no longer be able to lead the group. Medical constraints have made it impossible. Initial discussion led to the consensus to cancel the program indefinitely but on further discussion, a compromise arose to have the initial meeting with Rebecca and Susan Baker as moderators, in hopes that a volunteer, who will carry on with the program will be found. Ron Sweet will make a flyer and have Stephanie place it with the weekly.

Chair Warren discussed with Lisa Frank the upcoming program with Amy Gunter scheduled for May 23, 2023. Lisa states that she will touch base with Amy to be sure all is set to go. Advertising will need to be in place.

Dr. Noe's presentation on Medical Marijuana, scheduled for July 29th has been cancelled since she will be traveling. It was decided that Tom Altshuler's presentation, "Hearing

Impairment”, will be placed in this opening. Tom has volunteered to step in as moderator of a Hearing-Impaired Support Group. He has prepared an excellent presentation with Power Point to initiate interest in this group. Tom will supply a flyer for initial advertising.

Rebecca reported that the Zoom USF Neuropathy Support Group on May 3, 2023 was attended by four Freedom Plaza residents. Ron Sweet feels this needs to be advertised in the weekly to get more residents involved. Rebecca also reported that there were ten in attendance at the quarterly Neuropathy Support Group Meeting moderated by Bruce Clatterbuck. This meeting was held in the Club Room. There were three new people in attendance with a healthy give and take of relevant information. The next meeting is July 18, 2023.

Rebecca is still working to incorporate both machines that benefit the visually impaired into one location. There were some suggestions in the meeting to continue discussion with the library and also check out the Pool Room on the second floor to see if there is appropriate space. If the machines can be located in one area, we will be able to do a presentation of the equipment at the 5-9-2023 regularly scheduled VIP meeting.

Status Future Speakers:

Dr. Sasha Noe’s cancellation June 19, 2023 to be rescheduled for a future date
Committee Representative, Ron Sweet

“The Mind Diet”: Healthy Living for your Brain and Body. Bob Busch – Speaker from Florida Gulf Coast Alzheimer’s Association with Bernice Pelea, Director
A presentation date has been set for July 25, 2023. They have supplied a flyer for the advertisement. Committee Representative, Chair Warren.

Ron Sweet discussed a program presented by a professor from Gannon University on the different training programs for medical support staff. This includes RN to Certified Nursing Assistants and just how their training differs. Chair Warren asked Carl Bohnenkamp if he would pursue this for a possible program. He will report back at next month’s meeting.

New Business:

Tom Altshuler presented the guidelines he has developed for the new Hearing-Impaired Support Group. Susan Baker moved and Rebecca Batson seconded to approve the guidelines. The guidelines were approved unanimously.

The Health Care Committee Logo was discussed. It must be placed on any material pertaining to the RAC Health Care Committee that is distributed to residents. This indicates the content has been approved by the RAC Executive Committee who are officers of the RAC Council. Ron Sweet, RAC President, will make it available to all who need it.

There will be two membership vacancies with the resignations of Brigid Guarino and Betty Schuppert. There will be an election of officers and the addition of new members discussed at the next meeting after the volunteer list has been furnished by the RAC Elections Officer.

Ron Sweet questioned Lisa Frank about our shortages in EMT scheduling. She explained that we have hired some CNA'S for coverage and they basically can provide the same care as the EMT. It is a problem, and it is exacerbated since Lisa will be out for six weeks starting the end of May for back surgery. No definitive solution seems available currently.

As there was no further business, Chair Warren adjourned the meeting at 11:15 a.m.

Respectfully Submitted,

Rebecca Batson, Secretary