



RAC HEALTH CARE COMMITTEE MINUTES

April 15, 2023

CLUB ROOM

Chair Janet Warren called the meeting to order at 10 a.m.

Members Present: Janet Warren, Ron Sweet, Carl Bohnenkamp, , Betty Schuppert, Rebecca Batson, Joan Macholl, Tom Altshuler , Susan Baker, Sandi Papa, Emily Lahti and Chuck Roth, RAC Liaison to the Health Care Committee.

Lisa Frank, Director of Resident Services was in attendance.

Members Absent: Brigid Guarino.

Ron Sweet moved and Emily Lahti seconded to approve the agenda.

The roll call confirmed a quorum with twelve members present.

The Minutes were approved via questioning by Chair Warren. She asked who had read and approved the March minutes. Seven members responded in the positive but only four had been received by the secretary. Chair Warren again stressed the duties of members to read and approve or request changes to the minutes. She spent some time again reviewing the process. The Minutes were approved.

Unfinished Business:

The DYK Newsletter 5th issue , April 2023, was distributed. Members stated that they had received many positive reviews. The next issues' articles will be due on June 19. Issue date is July 8, 2023. Carl Bohnenkamp will do an article on DNR's in concert with Lisa Frank. Other contributors will be discussed next month.

Reports on January/February Projects/Lecture Series:

Chair Warren asked Joan Macholl to give a report of the Visually Impaired Support Group Meeting of April 11. Joan stated that there were twenty people present and Dr. Barringer had a very well received presentation of the many no charge items available to people who are visually impaired. Applications forms for the Library of Congress Program were distributed. There were many new people in attendance.

Chair Warren spoke with Rebecca Batson about the April 5, 2023, Zoom meeting. Rebecca stated that there had been no residents from Freedom Plaza who had entered the USF meeting except Bruce Clatterbuck.. We will again discuss this with attendees of the Freedom Plaza Neuropathy Support Group at the April 18, 2023, meeting. The Freedom Plaza Neuropathy Group will meet every four months. April 18 will be their next

meeting. An evaluation will be made at this meeting concerning interest in future Zoom meetings with USF.

Amy Gunter, Freedom Plaza Director of Physical Therapy presented “Steps for an Active Life” – Part 2, March 28, 2023, in the Auditorium. Lisa Frank said there was good attendance and response from residents.

Chair Warren spoke with Sandie Papa about the Mission Statement she and Rebecca had developed for the Cancer and Neuropathy Support Groups. Chair Warren suggested that instead of calling them Mission Statements it would be more appropriate to use Guidelines. She will review the document and make further suggestions. The revised document shall be attached to these minutes and sent for members to review. Chair Warren prefers that there be separate documents for the Cancer and Neuropathy Support Groups. Each separate support group should have their own unique guidelines that are developed by the support group chair and is identified as part of the RAC Health Care Committee by the RAC Logo. Ron Sweet suggested that promotion flyers be constructed in such a way as to be effective in black and white print and conserve cartridge ink. Freedom Plaza management will assist with printing and distribution but cannot print flyers in color. He offered to help Sandie Papa with the Cancer Support Group flyer to reevaluate the amount of ink needed for duplication.

Future Projects:

Debra Baker, ESQ. will present “Estate and End of Life Planning” April 25, 2023 at 10:00 a.m. in the auditorium.

Ron Sweet will contact Dr. Alex Engleman and Dr. Sasha Noe to engage them as speakers. Chair Warren is working with Bernice Pelea of the Alzheimer Association to develop a presentation to be held July 25 in the auditorium. Dates available for future speakers appear on the Monthly Calendar.

Rebecca will follow up with Stephanie concerning the placement of a Visually Impaired area in the Resident’s Resource Room.

New Business:

All new flyers must be approved by Lisa Frank, Director and by Chair Warren and Ron Sweet representing the RAC Executive Committee. Ron Sweet will develop a logo that can be placed on flyers. They must all have information on the flyer that the program is being presented by the RAC Health Care Committee.

Chair Warren discussed the upcoming election of officers, Chair and Secretary, for the coming year. She explained the two-year limit of service. She asked all members to give her a yes or no reply concerning their willingness to serve a second year. There is a list of residents willing to serve on this committee if new members are needed. She will explain this further at next month's meeting.

There was a brief discussion about establishing an Impaired Hearing Support Group. This will be discussed further at the next meeting. Tom Altschuler and Susan Baker volunteered to co-chair this support group.

Agenda items under Responsibilities and Activities for 2023 were tabled until the May 11th, 2023 meeting.

Due to a limit of time, Chair Warren adjourned the meeting at 11:15 a.m.

Respectfully Submitted,

Rebecca Batson, Secretary

