



RAC HEALTHCARE COMMITTEE MINUTES
COMMITTEE MEETING
FEBRUARY 9, 2023
CLUB ROOM

Chair Janet Warren called the meeting to order at 11 am.

Members Present: Janet Warren, Ron Sweet, Carl Bohnenkamp, Brigid Guarino, Betty Schuppert, Rebecca Batson,, Joan Macholl, Tom Altshuler , Susan Baker, Sandie P apa and Lisa Frank, Director of Resident Services was in attendance

Members Absent: Emily Lahti and Chuck Roth

Agenda: The agenda was approved by Sandie Papa and seconded by Ron Sweet.

The roll call confirmed a quorum with ten members present.

Unfinished Business: Chair Warren discussed the importance of attendance at meetings and her pleasure at seeing most members present today. Bruce Clatterbuck has been approached by Chair Warren to accept membership in the Health Care Committee. He has denied full membership due to health concerns but is agreeable to becoming a continuing contributor. The same will also be true of Kim Haberkorn, Executive Director of Assisted Living and Memory Care, and Amy Gunter, Executive Director of FP Physical Therapy who will attend when they can. Chair Warren introduced Sandie Papa, a new resident with a special interest in forming a Cancer Support Group here at Freedom Plaza. She has had experience in forming and moderating a group for many years and is willing to do the same here. All committee members agreed this is a support group that will be welcomed by many.

Chair Warren asked Ms. Papa if she would welcome becoming a member of the Health Care Committee and working with us to form the support group. Ms. Papa accepted and will become our twelfth member.

Among today's handouts is the Mission Statement of the RAC Health Care Committee that has been approved by the RAC General Council. It incorporates the changes made when we merged the Health Care Committee with the VIP Committee. Chair Warren

explained that the VIP Committee will continue to function on its own with the Monthly Round Table and programs such as The Lighthouse for the Blind and Low Vision which is scheduled February 21, 2023 in the auditorium. The revised Mission Statement is printed in its entirety at the end of these minutes.

A report was made by Rebecca Batson on the February 1, 2023, Neuropathy Zoom meeting with the USF Neuropathy Support Group. She reports a turnout of 35 residents with an excellent presentation by Dr. Cindy Toftagen . The group was extremely attentive and were receptive to joining the USF support group on their own at the next meeting on March 1, 2023 via Zoom. There will be a Support Group meeting in April here in the clubroom. Bruce Clatterbuck will be there to moderate and Rebecca Batson will be there to represent the Health Care Committee.

A lengthy discussion ensued about the feasibility of having the Zoom meeting again presented in the Club Room each month for those who prefer having the meeting presented for them instead of accessing it themselves. Rebeca Batson said that she would follow up on this to access the degree of interest.

The success of the VIP Round Table on January tenth was reviewed by Chair Warren. She had attended and gained new insights from the other participants. There were eight people present.

The presentation by Amy Gunter on January 24 was reviewed. Ron Sweet spoke of Amy's presentation as being well presented but there was a breakdown in the set up of microphones and it delayed the program by ten minutes. Ron Sweet recommended someone be in charge of the beforehand set up of presentations and that they be there early so things run smoothly. Rebecca Batson accepted this responsibility.

There was discussion of the Endocrinology presentation by Dr. Quershi. Joan Macholl felt there should have been a definition of Endocrinology on the flyer. The flyer had Diabetes and Thyroid Diseases listed but we will be careful of this in the future.

We reviewed the planned March events and meetings. We will try to start the Cancer Support Group as soon as a date is available. Ron Sweet will speak with Debbie Baker about setting a date for a presentation on Estate and End of Life Planning. Chair Warren and Ron Sweet will also contact Dr.Noel about a possible presentation on Cannabis use in

pain control. Ron Sweet suggested funds be found to purchase a camera to be installed in the auditorium so ROC would not have to set up the tripod for each presentation. Lisa Frank accepted this as a valid idea, and she feels there may be funds available in her budget. She will pursue this.

Lisa Frank and Sandie Papa will meet to set a date and time for the new Cancer Support Group. Advertising will follow.

The fifth issue of DYK is due for publication in April. Chair Warren has already received articles from Dennis Brady and Kim Haberkorn on dementia and Movement to Assisted Living and Memory Care respectively. Leslie and Mike Anderson have agreed to contribute an article on medical conditions observed here at Freedom Plaza. Carl Bohnenkamp will write about Congestive Heart Failure.

Chair Warren thanked everyone for their hard work.

Chair Warren adjourned the meeting at 11:00 a.m.

Respectfully Submitted

Rebecca Batson, Secretary

Mission Statement

RAC Health Care Committee

Work in concert with the Resident Services Director to ensure health care information and access to services are available to residents.

Responsibilities:

1. Exchange information; discuss needs and concerns of residents.
2. Plan activities and programs for residents including presentations of physicians, medical specialists and other experts in various fields.
3. Hold support group meetings in areas of interest to residents.
4. Identify and report health related issues requiring management action.
5. Preview and evaluate management health policies, practices and procedures for residents and recommend improvements.
6. Provide assistance for resident health programs organized by management.
7. Provide minutes of all meetings to RAC ExComm in a timely manner.
8. Work in concert with the Residents' Association Council.