



**RAC HEALTH COMMITTEE MEETING
SEPT. 11, 2020**

Members Present: Leslie Anderson, Lisa Frank, Ann Graff, Marty Mallak, Judy Michael, Helen McAninch, Bobbie O'Neill, Kathleen Riviello

Members Absent: Excused:—Carol Croll, Chris Grella, Kim Haberkorn, Ardetta Isler

Quorum was present.

Meeting was called to order by chair Michael at 2:04 p.m. in the auditorium.

Minutes of meeting 8/14/20: Motion was made by Leslie Anderson to accept the minutes and seconded by Bobbie O'Neill. Motion was approved.

Unfinished Business:

A. Mask Campaign: Lisa Frank reported that a mask magnet was given to each resident for their door. Commercial is running on in-house TV channel 732 of various residents stating their reasons for wearing masks.

B. Flu Vaccine: Lisa Frank reported that the flu shot will be administered on October 6th, from 9 a.m. to 5 p.m., in the auditorium. Forms will be available at the front desk on Sept. 21st to be filled out. Once completed, they are to be taken to Sherri, our EMT, and she will schedule an appointment time. Health committee members volunteered to help on that day, and Lisa will work out a schedule.

Pneumonia shots: immunization consists of 2 shots, one year apart. A memo will be coming out regarding this very soon.

Shingles shot: to be determined.

C. Phone Calls: all agreed they are going well.

New Business:

A. Judy Michael will develop a list of residents in the AL, MC, PW and their interests who have no family, so that notes, etc. can be sent to them.

B. Loneliness & Isolation: How are people coping? What can we do for them? A survey will be developed that will ask these questions and more. Any ideas can be sent to Judy Michael and/or Leslie Anderson. To this end, it was decided to have another health committee meeting in two weeks to brainstorm this and come up with a plan.

Next Meeting: Friday, Sept. 25th, 2:00 p.m. in the Club Room

Meeting Adjourned by chair Michael at 2:55 p.m.

**Respectfully submitted,
Kathleen Riviello, secretary**



RAC Health Care Committee Minutes

2:00 p.m. September 25, 2020

Club Room

MEMBERS PRESENT: Leslie Anderson, Carol Croll, Lisa Frank, Ann Graff, Ardette Isler, Marty Mallak, Judy Michael, Helen McAninch, Kathleen Riviello

MEMBERS ABSENT: Chris Grella, Kim Haberkorn, Bobbie O'Neill—all excused.

Quorum was present.

Minutes of Sept. 11, 2020: Motion was made by Leslie Anderson and seconded by Ardette Isler to accept minutes. Passed.

No specific agenda for this meeting.

Unfinished Business:

- Dealing with Loneliness UCLA Loneliness Scale Survey was distributed to committee. Committee filled out survey 20 items. Decision was made to table this for a while.
- Question: How do we get people to look at themselves and understand their needs, narrow down their feelings? Ideas presented: Come up with a very short questionnaire:
 1. Are you feeling lonely?
 2. Are you tired of your own company?
 3. Would you be willing to come to a presentation in the auditorium by the emergency squad?
- Come up with a program that would appeal to those feeling isolated.

Chair, Judy Michael, adjourned the meeting at 3:08 p.m.

Next meeting October 9, 2020 2:00 p.m club room

Respectfully submitted,
Kathleen Riviello, Secretary