



Residents Association Council
of Freedom Plaza Sun City Center

Report From Health Care Committee for April 2020

In the month of April the RAC Health Care Committee, pursuant to our mission statement, continued our support of Resident Services Director, Lisa Frank, by making weekly phone calls to check on every resident of the Plaza and GVT. Committee members report that these calls have been well received by our fellow residents, and Director Williams is pleased with our support.

At the request of RAC President, Ron Sweet, the Committee compiled a list of exercise videos appropriate for seniors. We recommended playing these videos on FPN, Channel 732, and on Racrep.org, the RAC website. They have been put on the website and delivered to ROC for Channel 732.

Although no meeting was held in April, the Committee stayed in communication via phone and plans to continue activity in that manner for the month of May.